



FOUNDATION IMPLANTS & PERIODONTICS
TECHNIQUES IN PRESERVATION AND REGENERATION

Pre-Surgical Instructions

General Instructions

- Wear loose, comfortable clothing. Short sleeves are necessary as your blood pressure will be monitored during surgery. We will provide blankets. Do not wear contact lenses on the day of surgery. Avoid jewelry, acrylic nails, or restrictive clothing
- Feel free to bring headphones and music you'd enjoy during the procedure
- We submit prescriptions for your surgery electronically to your requested pharmacy. Please fill them in advance of your surgery date. Do not take any of the medications until the day of surgery unless directed otherwise
 - Regular medications prescribed by your physician should be taken as usual unless you are instructed otherwise
- Please drink plenty of water 24 hours before the procedure
- Eat a light, high protein meal before your appointment, but have no caffeine on the day of surgery

Sedation Instructions

- If you have chosen to use oral sedation, please understand these medications are to help you feel relaxed and have reduced memory of the procedure. Patients regularly fall asleep, but some may be easily stimulated and awoken during the procedure. Please arrive early to your appointment
- If you are utilizing sedation, you must confirm that you are not pregnant and have a driver before and after surgery
 - Your driver is someone you should trust to take care of you and is expected to be at the office throughout the procedure, or within a short radius of the office
- Avoid driving for 24 hours following administration of sedation drugs

Considerations

- Please bring any dental appliance (retainer, partial denture, etc.) to your appointment
- If you use an inhaler, please bring it with you to your surgery appointment
- If you have diabetes, please bring your glucose monitor with you to your surgery appointment. **Avoid taking any medications treating your diabetes on the morning of surgery.** You may resume those medications after surgery and with a meal
- Please be aware that sutures (stitches) will be placed at your surgical sites. Please confirm a post operative appointment is scheduled for suture removal. Some sutures resorb (dissolve) naturally and can occasionally become loose during healing. You can always call our office to have any excess or uncomfortable suture trimmed
- As with any surgery, there is always a risk of post operative bleeding, infection, pain, nerve damage, need for further surgery, discomfort, etc. Please review any concerns you may have with Dr. Cherry and his staff

After Hours Emergency – (720) 279-4189